

Run, Bike or Hike

August 17, 2013

Lake Linville - Mt. Vernon KY

5K Run by the Lake

First Name	Last Name	Gender	Age	Time
1	Jeremy Sites	M	23	18.10
2	Charles Bullen	M	45	20.12
3	James Bullen	M	51	20.36
4	Alfredo Gomez	M	43	20.40
5	Alyssa Cox	F	16	21.06
6	Julia Manning	F	16	21.47
7	Jason Todd	M	42	22.15
8	Morgan Bottoms	M	50	22.37
9	Melanie Manning	F	16	22.38
10	David Smith	M	41	22.43
11	Richard Birney	M	38	22.44
12	Richard Wicker	M	52	22.46
13	Kayla McClure	F	25	22.48
14	John York	M	36	22.53
15	Chuck White	M	47	23.14
16	Eric Baldwin	M	42	23.44
17	Adam Kendrick	M	28	23.54
18	Kimberly Hamilton	F	41	24.04
19	Andy Powell	M	30	24.24
20	Ethan Eversole	M	46	24.29
21	Dustin Tuggle	M	28	24.53
22	Susannah Levy	F	32	24.59
23	Lana Prewitt	F	14	25.02
24	Russell Manning	M	44	25.08
25	Roger Proctor	M	56	25.13
26	Becky Hardwick	F	39	25.18
27	Todd Kirkpatrick	M	48	25.22
28	David Anderson	M	49	25.28
29	Ben Graves	M	26	25.36
30	Ricky Lane	M	31	25.43
31	Harry Kennedy	M	63	25.49
32	Joe Weigel	M	58	26.01
33	Brittany McClure	F	26	26.02
34	Aidan Thompson	M	10	26.24
35	Robby Knight	M	51	26.42
36	Rodney Mullins	M	44	26.56
37	Fonnie Blevins	F	54	27.23
38	Regina Blevins	F	55	27.24
39	Madelyn Bullen	F	14	27.25
40	Jennifer Gover	F	49	27.35
41	Herlinda Cano	F	79	27.52
42	Robby Slocum	M	61	27.58.62
43	Julianna Obrien	F	25	27.58.65
44	Bobbie Perkins	F	37	28.02

Rockcastle Duathlon

3.1 mile run, 17 mile ride, 2.2 mile run

First Name	Last Name	Gender	Age	Time
1	Jason Parks	M	25	1.19.29
2	Ryan New	M	31	1.20.05
3	David Hays	M	32	1.21.19
4	Adam Bourne	M	36	1.26.18
5	Gary Minter	M	44	1.26.55
6	Henry Holt	M	28	1.29.12
7	Tim Bailey	M	55	1.34.32
8	Ed Talbott	M	49	1.35.35
9	James Boutcher	M	36	1.35.49
10	Kenny Smith	M	39	1.35.54
11	Karl Persson	M	35	1.36.19
12	Mike Saich	M	43	1.38.14
13	Danny Barnes	M	50	1.40.38
14	Robbie Taylor	M	33	1.40.54
15	Lawrence Kelley	M	44	1.41.01
16	Ed Stanko	M	39	1.41.03
17	Dwain Harris	M	43	1.41.17
18	Libby Barnes	F	47	1.41.26
19	Kiersta Tucker	F	39	1.43.41
20	Jeffrey Blevins	M	56	1.44.23
21	Madison Mills	F	21	1.44.28
22	Christopher Whitsell	M	42	1.47.13
23	Patrick Reister	M	40	1.47.26
24	Patrick Jenkins Jr.	M	51	1.47.30
25	Tim Sweet	M	43	1.48.42
26	Lauren Coons	F	30	1.49.00
27	Michael Blackburn	M	41	1.49.39
28	Josh Blaylock	M	30	1.50.31
29	Mary Weiss	F	49	1.51.13
30	Lee Cain	M	51	1.51.27
31	Danielle Podeszek	F	24	1.52.41
32	Tim Edwards	M	53	1.53.34
33	David Hays	M	60	1.54.43
34	Matthew Casebolt	M	32	1.54.54
35	Ken Shackelford	M	41	1.57.36
36	Teresa Hamilton	F	40	1.59.27
37	Jeffrey Snyder	M	56	1.59.36
38	Daniel Morgan	M	31	2.01.11
39	N.T. Ricker	M	62	2.03.14
40	David Zwick	M	74	2.06.07
41	Emily Fogg	F	35	2.06.13
42	Janet Brown	F	50	2.06.47
43	William Collier	M	37	2.11.31
44	Shannon Burton	M	42	2.13.54

45 Phil	McConathy	M	66	28.14
46 Cheryl	Mullins	F	45	28.23
47 Daniel	Dobbs	M	28	28.26
48 Gina	Baldwin	F	41	28.37
49 Mary Jane	Nelson	F	58	28.4
50 Jameson	Cable	M	27	28.41
51 Scott	Thompson	M	41	28.45
52 Brandy	Cable	F	27	28.46
53 Emma	Reister	F	14	28.57.07
54 Heather	York	F	35	28.57.66
55 Tommy	Hayes	M	51	29.03
56 Julie	Ham	F	43	29.05
57 Mariam	Levy	F	33	29.18
58 Elizabeth	Parra	F	28	29.30.25
59 Kristen	Garrison	F	31	29.30.92
60 Bo	Bishop	M	36	29.33
61 Danielle	Arnold	F	25	29.41
62 Marcia	Cain	F	47	29.44
63 Lexi	Bryant	F	33	29.47
64 Ambrose	Wilson	M	62	29.51
65 Matthew	Browning	M	32	29.52
66 Victoria	Slocum	F	57	29.54
67 Rhonda	Childress	F	45	29.55
68 Audy	Faulkner	M	75	30.13
69 Doris	Caldwell	F	56	30.26
70 Sue	Stickley	F	51	30.28
71 Emily	Denny	F	23	30.29
72 Bruce	Ross	M	57	30.3
73 Taylor	Elam	F	19	30.5
74 Jimmy	Osborne	M	36	30.52
75 Heidi	Blevins	F	25	30.56
76 Misty	Blaylock	F	30	30.59
77 Robert	Reams	M	7	31.02
78 Tom	Jones	M	51	31.08
79 Trevor	Hemsley	M	46	31.12
80 Amanda	Sheffer	F	33	31.23
81 Kristi	Reynolds	F	47	31.24
82 Kathy	Kendrick	F	55	31.52
83 Rebecca	Minter	F	35	32.08
84 Monica	Martin	F	40	32.09
85 Renee	Knight	F	51	32.21
86 Harold	Woodall	M	51	32.41
87 Karen	Neubauer	F	42	32.45
88 Ed	McDaniel	M	37	32.53
89 Stephen	Parsons	M	64	32.58
90 Susan	Odom	F	32	33.13
91 Sandy	Bullen	F	44	33.25
92 Katherine	Little	F	27	33.47
93 Penny	Rutherford	F	43	34.05
94 Crystal	Bustle	F	26	34.06
95 Angela	Todd	F	42	34.15
96 Kylie	Martin	F	9	34.16

45 Jackie	Dennis	M	51	2.19.14
46 Nedra	Rhodes	F	33	2.29.38
47 Melinda	Joseph-Dezarn	F	39	2.32.24
48 Ronda	Shackelford	F	43	2.34.32
49 Justin	Frakes	M	38	2.34.39

AGE GROUP WINNERS

FEMALES

Overall:

Libby Barnes

17-24

1 Madison Mills

2 Danielle Podeszek

25-34

1 Lauren Coons

2 Nedra Rhodes

35-44

1 Kiersta Tucker

2 Teresa Hamilton

3 Emily Fogg

45-54

1 Mary Weiss

2 Janet Brown

MALES

Overall

Jason Parks

17-24

1 Christopher Whitsell

25-34

1 Ryan New

2 David Hays

3 Henry Holt

35-44

1 Adam Bourne

2 Gary Minter

3 James Boutcher

45-54

1 Ed Talbott

2 Danny Barnes

3 Patrick Jenkins Jr.

55+

1 Tim Bailey

2 Jeffrey Blevins

3 David Hays

2-Mile Walk

	First Name	Last Name	Gender	Age	Time
1	Walter	Norris	M	60	21.46
2	Matthew	Satterly	M	7	21.47
3	Karen	Wilson	F	55	22.09
4	Julie	Harris	F	34	24.29
5	Melissa	Wilson	F	35	29.45.41
6	Tiffany	Kincaid	F	30	29.45.81
7	Sherri	Prewitt	F	38	30.04
8	Gayle	DeBorde	F	54	30.26
9	Larry	Moore	M	38	32.05
10	Jonathon	Price	M	32	32.15
11	Janet	Blevins	F	75	33.17

97	Hannah	Davis	F	11	34.29
98	Delani	Reynolds	F	10	34.32
99	Mary Lou	Henderlight	F	58	34.35
100	Tara	McDaniel	F	32	34.43
101	Amy	Nicely	F	43	34.53
102	Charon	Burton	F	40	35.41
103	Regina	Elam	F	44	35.42
104	Jarred	Winebarger	M	30	35.49
105	Heidi	Engle	F	49	36.20
106	Selena	Thompson	F	36	36.34
107	Melanie	Parsons	F	43	36.41
108	Jo	Griffin	F	52	36.47
109	Tamara	Bumgardner	F	44	36.48
110	Dreama	Hedrick	F	30	37.05
111	Kimberly	Powell	F	34	37.27
112	Stacy	Spoonamore	F	37	37.41
113	Ken	Kenly	M	56	37.45
114	Seconda	McClure	F	58	37.59
115	Di	Clark	F	65	38.18
116	Debra	Hatfield	F	57	38.26
117	Shari	Proctor	F	52	38.55
118	Tara	Boone	F	33	38.57
119	Ann	Abney	F	63	39.12
120	Sherry	Peavler	F	34	39.23
121	Elijah	Scalf	M	18	39.49
122	Erin	Thompson	F	14	40.15
123	Geraldine	Harris	F	62	40.21
124	Ramona	Hiatt	F	70	40.25
125	May	Arnold	F	54	40.50
126	Mary	Robinson	F	58	41.11
127	Lori	Sullivan	F	50	41.18
128	Amanda	Dees	F	35	42.12
129	Rhonda	Anderson	F	51	42.18
130	Tag # 1740				42.25
131	Marcella	Lovell	F	42	42.40
132	Jones	Hiatt	M	73	42.46
133	Sylvania	Scalf	F	59	42.58
134	Leo	McMillen	M	76	43.43
135	Sonya	Mitchell	F	35	44.22
136	Kelli	Loudermilk	F	45	44.27
137	Heather	Lear	F	26	44.49
138	Amber	Watts	F	30	45.30
139	Robert	Peters	M	57	45.32
140	Dylan	Isaacs	M	15	45.34
141	Virginia	Parsons	F	70	46.00
142	Tara	Carter	F	29	46.02
143	Skyler	Bradley	F	28	46.14
144	Annah	Baldwin	F	10	46.55
145	Carolyn	Collins	F	62	46.57
146	Breanna	Adams	F	32	47.01.24
147	Barbara	DeChambeau	F	48	47.01.85
148	Phyllis	Zettler	F	62	47.28

12	Alma	Cable	F	72	33.18
13	Barbara	Congleton	F	63	33.21
14	Martha	Cox	F	70	33.22.27
15	Matt	Sherrow	M	41	33.22.76
16	Melinda	Osborne	F	36	33.32
17	Lisa	Hemsley	F	48	33.33
18	Angie	Woods	F	36	33.34
19	Matthew	Bustle	M	29	34.06
20	Shelly	Clements	F	47	34.11
21	Patrick	Craig	M	49	34.12
22	Ann	Craig	F	46	34.14
23	Jessica	Martin	F	40	34.44
24	Sally	Moore	F	39	34.47
25	Tiffany	Neeley	F	38	37.27
26	Kristin	Miracle	F	39	37.38
27	Paula	Davis	F	48	39.13
28	Kathy	Price	F	40	39.14
29	Hayley	Davis	F	19	39.17
30	Audrey	Hensley	F	53	40.20
31	Frances	Beaty	F	48	41.14.21
32	Liz	Phelps	F	51	41.14.82
33	Precia	Bowling	F	65	43.43
34	Emily	Sanders	F	31	44.13
35	Amy	Reister	F		44.35
36	Kim	Nangia	F	46	47.31
37	Priya	Nangia	F	12	47.33
38	Sharan	Harris	F	64	51.38

149	Sebastian	Pelletier	M	10	51.40
150	Ella	Baldwin	F	8	51.46
151	Kayla	Shearer	F	25	53.41.41
152	Janet	Pelletier	F	41	53.41.81

5K AGE GROUP WINNERS

FEMALES

Overall: Alyssa Cox

12-Under

- 1 Kylie Martin
- 2 Hannah Davis
- 3 Delani Reynolds

13-17

- 1 Julia Manning
- 2 Melanie Manning
- 3 Lana Prewitt

18-24

- 1 Emily Denney
- 2 Taylor Elam

25-29

- 1 Kayla McClure
- 2 Brittany McClure
- 3 Herlinda Cano

30-34

- 1 Susannah Levy
- 2 Miriam Levy
- 3 Kristen Garrison

35-39

- 1 Becky Hardwick
- 2 Bobbie Perkins
- 3 Heather York

40-44

- 1 Kimberly Hamilton
- 2 Gina Baldwin
- 3 Julie Ham

45-49

- 1 Jennifer Gover
- 2 Cheryl Mullins
- 3 Marcia Cain

MALES

Overall: Jeremy Sites

12-Under

- 1 Aidan Thompson
- 2 Robert Reams
- 3 Sebastian Pelletier

13-17

- 1 Dylan Isaacs

18-24

- 1 Elijah Scalf

25-29

- 1 Adam Kendrick
- 2 Dustin Tuggle
- 3 Ben Graves

30-34

- 1 Andy Powell
- 2 Ricky Lane
- 3 Matthew Browning

35-39

- 1 Richard Birney
- 2 John York
- 3 Bo Bishop

40-44

- 1 Alfredo Gomez
- 2 Jason Todd
- 3 David Smith

45-49

- 1 Charles Bullen
- 2 Chuck White
- 3 Ethan Eversole

50-54

- 1 James Bullen
- 2 Morgan Bottoms

50-54

- 1 Fannie Blevins
- 2 Sue Stickley
- 3 Renee Knight

55-59

- 1 Regina Blevins
- 2 Victoria Slocum
- 3 Kathy Kendrick

60-64

- 1 Ann Abney
- 2 Geraldine Harris
- 3 Carolyn Collins

65-69

- 1 Di Clark

70+

- 1 Ramona Hiatt
- 2 Virginia Parsons

3 Richard Wicker

55-59

- 1 Roger Proctor
- 2 Joe Weigel
- 3 Bruce Ross

60-64

- 1 Harry Kennedy
- 2 Rob Slocum
- 3 Ambrose Wilson

65-69

- 1 Phil McConathy

70+

- 1 Audy Faulkner
- 2 Jones Hiatt
- 3 Leo McMillen